

BONUS

Safety Stand Down Week

Facilitator Name:

Time: Up to 2 hours, including hands-on training. Actual time will depend on team size.

Intro (1 minute) Read aloud:

Today, we are covering hands-on fire extinguisher training.

Before we begin the hands-on portion, we are going to review two important fire-response tools: RACE and PASS.

The goal is not to turn anyone into a firefighter. The goal is to make sure you understand our site's procedures, know when an extinguisher may be used, and recognize when it is time to evacuate.

Pre-Quiz (2 minutes) Ask out loud. Don't correct anyone yet.

Q1. Who knows what RACE stands for?

Q2. Who knows what PASS stands for?

Q3. When should you not attempt to use a fire extinguisher?

Play the video.

Post-Video Quiz (4 minutes) Review again. This time, provide correct answers.

Q1. Who knows what RACE stands for?

A1. Remove. Alert. Confine. Evacuate or Extinguish.

Q2. Who knows what PASS stands for?

A2. Pull the pin. Aim towards the base of the fire. Squeeze the handle. Sweep from side to side.

Q3. When should you not attempt to use a fire extinguisher?

A3. If you are not trained or authorized. If the fire is no longer small, conditions are unsafe and you need to evacuate.

Site Specific Discussion

- Where are extinguishers located?
- How do employees report a fire and alert first responders?

Close (1 minute) Read aloud:

Next, we are going to move into the hands-on portion of the training.

Remember: You are not a firefighter. Only attempt to use an extinguisher when you are trained and authorized, the fire is small and conditions are safe.

Always keep a clear escape route behind you. If the fire is not controlled with one extinguisher, if conditions change or if you have any doubt, evacuate immediately and alert others.

Follow the qualified trainer's instructions throughout the hands-on exercise.

Remember, do it safely, or not at all.